

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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ACTIVITIES OF DAILY LIVING

7:00am Rise & Shine
 8:30am Breakfast
 10:00am Morning Stroll
 10:30am Activities
 12:00pm Lunch
 1:00pm - 5:00pm Activities
 5:00pm - 6:00pm Dinner
 6:00pm Stroll
 7:00pm Activities





November 2011

Tall Oaks Assisted Living

Rose Memory Care Center



	<p>1</p> <p>10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Water Cooler News 1:30 Bingo 2:30 Music and Movement 3:00 Scenic Ride/Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music</p>	<p>2</p> <p>10:30 Puzzles and Games 11:30 Shake, Rattle and Roll 1:00 Lotions and Scents 1:30 Flower Arranging 1:30 Trivia A to Z 2:00 Favorite Things with Lisa 2:30 Spice Of Life Social 3:00 Movie: Rear Window 3:30 Bowling 4:00 Finish The Song 7:00 Moonlight Music</p>	<p>3</p> <p>10:30 Puzzles and Games 11:30 Paddle Balloon 1:00 Nature's Best 1:30 News Currents 2:30 Sit and Be Fit 3:00 Tall Oaks Live 3:00 Taste Of The World Social 4:00 Sing Along 7:00 Moonlight Music</p>	<p>4</p> <p>10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Beautiful Babies 1:30 Penny Ante 1:30 Drawing with Antonella 2:30 Music and Movement 3:00 Fantastic Fridays 4:00 Musical Memories: 1930's 7:00 Moonlight Music</p>	<p>5</p> <p>10:30 Puzzles and Games 10:30 Jewish Service 11:00 Hymn Sing 11:30 Chair Dancing 1:00 Spacious Skies 1:30 Native American History 2:30 Pumpkin Bowling 3:00 Cornbread Social 4:00 Songs of Nature 7:00 Moonlight Music</p>	
<p>6</p> <p>10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Water Cooler News 1:30 Mind Joggers 2:30 Basketball 3:00 Halftime Party 3:00 Christian Fellowship 4:00 Name That Tune 7:00 Moonlight Music</p>	<p>7</p> <p>10:30 Puzzles and Games 11:00 Finishing Touches 11:30 Balloon Toss 1:00 Lotions and Scents 1:30 Name That Memory 2:30 Sit and Be Fit/Favorite Things 3:00 Seasonal Sensations Social 3:30 Afternoon Spa 4:00 Tickling The Ivories 7:00 Moonlight Music</p>	<p>8 Election Day</p> <p>10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Water Cooler News 1:30 Bingo 1:30 Senses Alive 2:30 Music and Movement 3:00 Scenic Ride/Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music</p>	<p>9</p> <p>10:30 Puzzles and Games 11:30 Shake, Rattle and Roll 1:00 Lotions and Scents 1:30 Card Making: Thanksgiving 1:30 Trivia Challenge 2:00 Favorite Things with Lisa 2:30 Spice Of Life Social 3:00 Movie: Heaven Knows Mr. Allison 3:30 Bowling 4:00 Finish The Song 7:00 Moonlight Music</p>	<p>10</p> <p>10:30 Puzzles and Games 11:30 Paddle Balloon 1:00 Nature's Best 1:30 News Currents 2:30 Sit and Be Fit 3:00 Tall Oaks Live 3:00 Taste Of The World Social 4:00 Sing Along 7:00 Moonlight Music</p>	<p>11 Veterans Day</p> <p>10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Grab Bag 1:30 WWII Memories 1:30 Drawing with Antonella 2:30 Music and Movement 3:00 Veteran's Day Party 4:00 Musical Memories: 1940's 7:00 Moonlight Music</p>	<p>12</p> <p>10:30 Puzzles and Games 11:00 Hymn Sing 11:30 Front Porch Singers 1:00 Fall Foods 1:30 Reminisce/Bake Apple Pie 2:30 Shuffleboard 3:00 Pie Social 4:00 Strolling Guitar 7:00 Moonlight Music</p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
13 10:30 Puzzles and Games 11:30 Target Ball 1:00 Water Cooler News 1:30 Movie Stars 2:30 Football Toss 3:00 Halftime Party 4:00 A World Of Music 7:00 Moonlight Music	14 10:30 Puzzles and Games 11:00 Finishing Touches 11:30 Balloon Toss 1:00 Lotions and Scents 1:30 Clue Trivia 2:30 Sit and Be Fit/Favorite Things 3:00 Seasonal Sensations Social 3:30 Afternoon Spa 4:00 Tickling The Ivories 7:00 Moonlight Music	15 10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Water Cooler News 1:30 Bingo 1:30 Senses Alive 2:30 Music and Movement 3:00 Scenic Ride/Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music	16 10:30 Puzzles and Games 11:30 Shake, Rattle and Roll 1:00 Lotions and Scents 1:30 Trivia A to Z 2:00 Favorite Things with Lisa 2:30 Spice Of Life Social 3:00 Movie: Howard Hughes 3:30 Bowling 4:00 Finish The Song 7:00 Moonlight Music	17 10:30 Puzzles and Games 11:30 Paddle Balloon 1:00 Nature's Best 1:30 News Currents 2:30 Sit and Be Fit 3:00 Catholic Priest Visit: Fr. Paul 3:00 Tall Oaks Live 3:30 Taste Of The World Social 4:00 Sing Along 7:00 Moonlight Music	18 10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Grab Bag 1:30 Good Old Days 1:30 Drawing with Antonella 2:30 Music and Movement 3:00 Fantastic Fridays 4:00 Musical Memories: Love Song 7:00 Moonlight Music	19 10:30 Puzzles and Games 11:00 Hymn Sing 11:30 Chair Dancing 1:00 Sea Scapes 1:30 Food Facts 2:30 Turkey Target Game 3:00 Food History: 1st Thanksgiving 4:00 Strolling Guitar 7:00 Moonlight Music
20 10:30 Puzzles and Games 11:30 Target Ball 1:00 Water Cooler News 1:30 Mind Joggers 2:30 Football Toss 3:00 Halftime Party 4:00 A World Of Music 7:00 Moonlight Music	21 10:30 Puzzles and Games 11:00 Finishing Touches 11:30 Balloon Toss 1:00 Lotions and Scents 1:30 I Hear Memories 2:30 Sit and Be Fit/Favorite Things 3:00 Seasonal Sensations Social 3:30 Afternoon Spa 4:00 Tickling The Ivories 7:00 Moonlight Music	22 10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Water Cooler News 1:30 Bingo 1:30 Senses Alive 2:30 Music and Movement 3:00 Scenic Ride/Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music	23 10:30 Puzzles and Games 11:30 Shake, Rattle and Roll 1:00 Lotions and Scents 1:30 Fabric Craft: Turkey Pillow 1:30 Trivia A to Z 2:00 Favorite Things with Lisa 2:30 Spice Of Life Social 3:00 Movie: Shirley Temple 3:30 Bowling 4:00 Finish The Song 7:00 Moonlight Music	24 <i>Thanksgiving</i> 10:30 Macy's Thanksgiving Parade 10:30 Puzzles 11:30 Paddle Balloon 1:00 Nature's Best 1:30 Shake Awake A Taste 2:30 Sit and Be Fit 3:00 Tall Oaks Live 3:00 Taste Of The World Social 4:00 Sing Along 7:00 Moonlight Music 	25 10:30 Puzzles and Games 11:30 Stretch and Tone 1:00 Grab Bag 1:30 Mad Libs 2:30 Music and Movement 3:00 Fantastic Fridays 4:00 Songs and Stories 4:00 Musical Memories: Family 7:00 Moonlight Music	26 10:30 Puzzles and Games 11:00 Hymn Sing 11:30 Chair Dancing 1:00 America The Beautiful: Winter 1:30 Reminiscing: Fun In The Snow 2:30 Snowball Toss 3:00 Snowball Social 4:00 Songs Of The Season 7:00 Moonlight Music
27 10:30 Puzzles and Games 11:30 Target Ball 1:00 Water Cooler News 1:30 Armchair Travel 2:30 Football Toss 3:00 Halftime Party 4:00 A World Of Music 7:00 Moonlight Music	28 10:30 Puzzles and Games 11:00 Finishing Touches 11:30 Balloon Toss 1:00 Lotions and Scents 1:30 Dance with Brian Rudolph 2:30 Trivia/Favorite Things with Lisa 3:00 Seasonal Sensations Social 3:30 Afternoon Spa 4:00 Tickling The Ivories 7:00 Moonlight Music	29 10:30 Puzzles and Games 11:30 Balloon Volley 1:00 Water Cooler News 1:30 Bingo 1:30 Senses Alive 2:30 Music and Movement 3:00 Scenic Ride/Chocolate Heaven 4:00 Rhythm Band 7:00 Moonlight Music	30 10:30 Puzzles and Games 11:30 Shake, Rattle and Roll 1:00 Lotions and Scents 1:30 Wit and Wisdom 1:30 Trivia A to Z 2:00 Favorite Things with Lisa 2:30 Spice Of Life Social 3:00 Movie: RFK 3:30 Bowling 4:00 Finish The Song 7:00 Moonlight Music			<p>Any additions or changes will be posted on the daily calendar</p>